

**Routine for Born to Be Alive
(Belly Dance Disco Fever)**

Lyrics	Steps
Count of 16 Count of 16 We were born to be, alive We were born to be, alive	Hip bumps, hands up Big belly circles, mark tempo with heals Hip drops with y eyes
Born, born to be alive (born to be alive) You see we were born, born, born (born to be alive)	Small belly circles to R Small belly circles to L
Count of 8 Time was on my side When I was running down the street It was so fine, fine, fine A suitcase and an old guitar And something new to occupy My mind, mind, mind	Hip bumps Egyptian walk (4) Shoulder shimmies Egyptian walk (4) Shoulder shimmies
You see you were born, born Born to be alive (Born to be alive) You see you were born, born, born (Born to be alive)	Small belly circles to R Small belly circles to L
Count of 8 People ask me why I never find a place to stop And settle down, down, down But I never wanted all those things People need to justify Their lives, lives, lives	Hip bumps, hands up Egyptian walk (4) Shoulder shimmies Egyptian walk (4) Shoulder shimmies
You see you were Born, born, born to be alive (Born to be alive) You see you were Born, born, born (Born to be alive)	Small belly circles to R Small belly circles to L
It's good to be alive To be alive, To be alive	Camel walk to R
It's good to be alive To be alive, To be alive	Camel walk to L
It's good to be alive	Choo choo shimmies
Count of 8	Hip bumps
You see you were born, born Born to be alive (Born to be alive) You see you were born, born, born (Born to be alive)	Small belly circles to R